

Spinach Salad 7.95

candied walnuts, blue cheese, granny smith apple and a balsamic vinaigrette
with grilled prawns add: 4.00

Cobb Salad 9.95

grilled chicken, tomato, olives, bacon, blue cheese and avocado

Oriental Chicken Salad 9.75

cabbage, red peppers, onion and toasted almonds in a soy sesame vinaigrette

Caesar Salad 6.95

romaine lettuce, parmesan cheese and sourdough croutons
with a choice of sliced grilled chicken, bay shrimp or blackened salmon add: 4.00

Bay Shrimp Louie 9.95

bay shrimp, green onions and diced tomato tossed in
thousand island dressing with avocado and hard boiled eggs



Fettucine with Grilled Chicken 9.75

sun dried tomatoes, basil pesto and parmesan shallot cream sauce

Grilled Chicken or Prawn Wrap 9.50

rice, avocado, lettuce, cheddar and swiss cheese
in a spinach tortilla, with sour cream and ranchero sauce

Linguini with Tomatoes and Basil 7.95

extra virgin olive oil and garlic

Grilled Crab Cake 9.95

risotto, sauteed spinach and port glaze
and tomato concasse



All Sandwiches with your choice of house cut fries or fresh fruit

Black Forest Ham Sandwich 7.95

sliced ham with spicy mustard, mayonnaise, lettuce and tomato on a sweet french roll

Bacon, Lettuce, Tomato and Avocado Sandwich 7.95

on toasted nine grain bread with mayonnaise

Grilled Portobella Mushroom Sandwich 8.50

on a focaccia roll, with fontina cheese, lettuce, tomato and a sundried tomato aioli

Half Pound Angus Burger 8.95

grilled and served with lettuce, tomato and bermuda onion
add bacon or avocado for .75 each

French Dip Sandwich Au Jus 9.25

thin sliced rib eye steak and swiss cheese on a sweet french roll

Grilled Marinated Chicken Sandwich 8.75

basil pesto mayonnaise, lettuce and tomato on a focaccia roll

Roast Turkey Sandwich 8.50

tomato, avocado, fontina cheese, mayonnaise and lettuce on nine grain bread